

# Shut Up And Dance

Count: 48      Wall: 4      Level: Improver

Choreographer: Jill Weiss – May 2015

Music: Shut Up and Dance by Walk the Moon

---

## #8 Count intro

### **S1: ROCKING CHAIR (WITH LOOK BACK!), SHUFFLE FORWARD, ROCK, RECOVER**

- 1-2              Rock forward on right, recover to left
- 3-4              Rock back on right, looking over your right shoulder, recover to left
- 5&6-7-8        Shuffle forward R-L-R, rock forward on left, recover weight to right

### **S2: SHUFFLE BACK, ROCK/RECOVER, OUT-OUT WITH CLAP, HIP ROLL**

- 1&2              Shuffle back L-R-L
- 3-4              Rock back on right, recover to left
- &5-6            Quick hop out on right (&), quick hop out left next to right (5), clap and hold (6)
- 7-8              Hip roll clockwise, ending weight on left

### **S3: CROSS ROCK, SIDE CHASSE RIGHT, CROSS ROCK, SIDE CHASSE ¼ LEFT**

- 1-2              Cross rock right in front of left, recover to left
- 3&4              Side shuffle to right R-L-R
- 5-6              Cross rock left in front of right, recover to right
- 7&8              Side shuffle to left, turning ¼ left L-R-L (9:00)

### **S4: TOE STRUTS FORWARD WITH HIP BUMPS, OUT-OUT, CLAP, HIP ROLL**

- 1&2              Step right toe forward, drop heel down while bumping hip R-L-R
- 3&4              Step left toe forward, drop heel down while bumping hip L-R-L
- &5-6            Quick hop out on right, quick hop out left next to right, clap and hold
- 7-8              Hip roll clockwise, ending weight on left

### **S5: TWO ½ MONTEREY TURNS TO THE RIGHT**

(See below for alternate steps)

- 1              Touch toes of right to the right side
- 2              Pivot ½ turn right on ball of left and step right next to left (3:00)
- 3              Touch toes of left to left side
- 4              Step left next to right
- 5              Touch toes of right to the right side
- 6              Pivot ½ turn right on ball of left and step right next to left (9:00)
- 7              Touch toes of left to left side
- 8              Step left next to right

**(RESTART HERE ON WALLS 3 AND 5)**

### **S6: K STEPS, SCUFF RIGHT**

- 1-2              Step R diagonal forward, touch left next to right
- 3-4              Step L diagonal back, touch right next to left

- 5-6 Step R diagonal back, touch left next to right  
7-8 Step L diagonal forward, scuff right, ready to begin again

**s5:Alternate steps for Monterey turns (5th set of eight)**

- 1-2 Touch right foot to right side, step right foot next to left  
3-4 Touch left foot to left side, step left foot next to right  
5-6 Touch right foot to right side, step right foot next to left  
7-8 Touch left foot to left side, step left foot next to right

**Restart on walls 3 and 5 at count 40 – dance through the Monterey turns and omit the K Steps (last set of eight)**